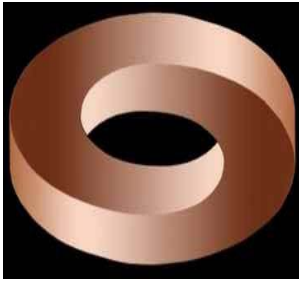




Free Community Presentation



HYPNOTHERAPY For Mind-Body Health Presented by Evan Peelle, PhD, CMHt

Using the power of our own *Mind-Body Intelligence* to promote physical and mental health:

- ❖ The mind-body connection and mind over matter
 - ❖ Hypnotherapy as mind-body medicine
 - ❖ Hypnotherapy as an adjunct to other forms of treatment
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- Relieving symptoms and accelerating healing of physical conditions and injuries
 - Treating unconscious causes of stress-related and emotionally-triggered disorders
 - Clearing resistant, unconscious distress that remains stuck in the mind-body
 - Developing the mindset for life-long wellbeing
 - Increasing wellbeing through the transformational experience of deep heart-soul healing, self-love and empowerment

You will also have the opportunity to experience a guided process for enhancing mind-body wellbeing.

*Tuesday, January 11, 2011 5pm - 6pm
Snacks & Refreshments Provided*



Evan is a Mind-Body Therapist who specializes in hypnotherapy while using a variety of different modalities to meet each client's needs. Among the first certified medical hypnotherapists in Michigan, she has been in practice for over 20 years. Her MA in Psychology and PhD in Education were earned at the University of Michigan. She is a presenter in the University of Michigan Medical School Mind-Body Program.

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